

JANUARY 2023

ISSUE NO. 3

SOUTHERN CALIFORNIA SCHOOL NUTRITION ASSOCIATION

CHAPTER 1



STAY CONNECTED!



@southernncsna



@EatSmart2BeSmart



@southernncsna



IN THIS NEWSLETTER

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- January 27, 2023 Meeting Agenda
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- Board Minutes

2023

PRESIDENT'S MESSAGE

Happy New Year SCSNA members!

I hope all of you had a healthy and happy holiday season. The new year is upon us and with a new year, come new goals. If you find yourself thinking about trying new things or challenging yourself to get out of your comfort zone, I would highly recommend you join us for the Legislative Action Conference (LAC) in Sacramento and/or Washington DC.

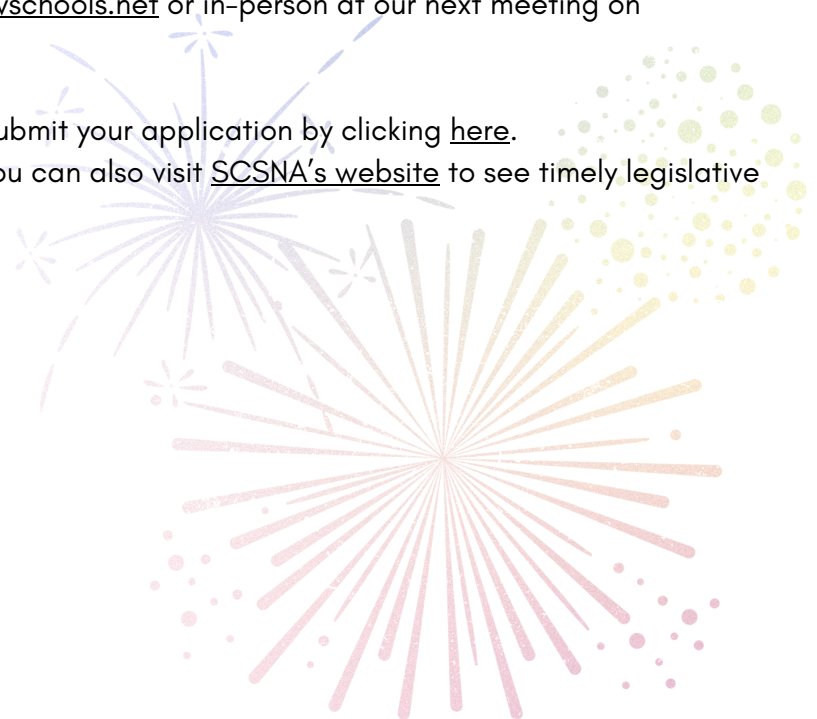
One of the many benefits of being an SCSNA member is the annual LAC Scholarship opportunity. A big thank you to Richard Wood, SCSNA (Industry Chair), Kristy Harding (SCSNA Industry Co-Chair) and his fundraising team who executed a successful fundraiser this past fall.. This also would not be possible without our industry partners that fuel our advocacy efforts. I am so grateful for your support.

There have been many changes to school nutrition in the last three years. If you find yourself frustrated and feeling powerless, LAC is your opportunity to educate our legislators and advocate for our programs. Our voice matters! The conference prepares you to meet with legislators and you meet with them in small groups that include both new and seasoned delegates. This is our opportunity to create a seat at the table. If you have any questions please feel free to reach out to me and I would be happy to answer any questions you may have. You can reach me via email at bzarate@mtviewschools.net or in-person at our next meeting on January 27, 2023.

To apply for the LAC scholarship, please submit your application by clicking [here](#). **Applications are due January 30, 2023.** You can also visit [SCSNA's website](#) to see timely legislative updates. Hope to see you there!

Sincerely,

Brenda Zarate
SCSNA President 2022-23





Bosses' Luncheon

JANUARY 27, 2023 MEETING AGENDA

Richard Nixon Presidential Library and Museum
 18001 Yorba Linda Boulevard
 Yorba Linda, CA 92886
 (714) 983-9120

8:00-9:00 a.m.

Registration & Breakfast

9:00-9:45 a.m.

Opening: Emmalyn Coles, President-Elect
 Flag Salute: Mitchell Liday, Manager Foodservice, Cross-Selling, & Education - Individual Foodservice
 Welcome: Dr. Michael Matthews, Superintendent - Placentia-Yorba Linda USD
 New Member & Guest Introductions
 CalSNA Update: Carrie Bogdanovich, President-Elect - CalSNA
 Inspiration: Suzanne Morales, Director of Nutrition Services - Placentia Yorba Linda USD

9:45-10:15 a.m.

Business Meeting: Brenda Zarate, President

10:15-10:30 a.m.

Break

10:30-11:45 a.m.

Keynote Speaker: Travis Allen, CEO and Co-Founder - ProSolve

11:45-12:00 p.m.

Networking Break



12:00-1:00 p.m.

Lunch, Raffle & Closing Remarks



CONTINENTAL BREAKFAST

LUNCH

PISTACHIO PESTO CHICKEN

BREAD & BUTTER AND MEDITERRANEAN SALAD

AND SEASONAL VEGETABLES

VEGETARIAN

DESSERT

TUXEDO CAKE

TOTAL CEU: 1.25 HOURS

**DECEMBER
SCSNA
MEETING**



RAMON MIRAMONTES



TARA THATCHER



CARRIE BOGDANOVICH



MATT UPTON



LEGISLATIVE ACTION CONFERENCE 2023

WASHINGTON DC: MARCH 5-7, 2023

SACRAMENTO: MARCH 26-28, 2023

SCHOLARSHIP OPPORTUNITIES FOR LAC:

SCSNA CHAPTER 1 LAC SCHOLARSHIP (SACRAMENTO OR WASHINGTON D.C.)

LAC SPONSORSHIP INCLUDES CONFERENCE (EARLY BIRD) REGISTRATION, TRAVEL, AND EXPENSES PAID FOR BY THE SCSNA PROGRAM FUND.

REQUIREMENTS: MUST BE A CURRENT MEMBER OF SNA, CSNA, AND SCSNA

APPLICATION LINK: [LAC SCSNA SPONSORSHIP APPLICATION](#)

DEADLINE: MONDAY, JANUARY 30, 2023

CSNA LAC SCHOLARSHIP (SACRAMENTO ONLY)

AT LEAST 4 CANDIDATES WILL BE SELECTED AND SENT TO CSNA LAC IN SACRAMENTO, CA.

- UP TO 2 NIGHTS HOTEL, TRANSPORTATION, AND REGISTRATION, UP TO \$750 EACH.

REQUIREMENTS: YOU ARE A CURRENT MEMBER OF CSNA

APPLICATION LINK: [LAC CSNA SCHOLARSHIP APPLICATION](#)

DEADLINE: TUESDAY, FEBRUARY 7, 2023

UPDATE:

CDE HAS APPROVED THE USE OF KIT FUNDING FOR ONLY THE SACRAMENTO LAC.
WASHINGTON D.C. LAC IS NOT AN ALLOWABLE USE FOR KIT FUNDING.

2022-23 Southern California
School Nutrition Association

PD COMMITTEE



Vivien Watts, M.S. SNS

Committee Chair
Executive Director of FNS, Alhambra USD
Past President of SCSNA



Agnes Lally, M.S.

Committee Member
Director of FS, Garden Grove USD
Past President of CSNA & SCSNA



Robert Lewis, PhD, SNS

Committee Member
CEO, Santa Clarita Valley SFSA
Past President of SCSNA



Michelle Curry, SNS

Committee Member
Retired Director of FS
CN Trainer/Speaker/Consultant



Susan Delgado, SNS

Committee Member
Retired Director of FS
Past President of SCSNA



Lauren Teng, SNS

Committee Member
Retired Director, Past President of SCSNA
Board Member, SFUA
Consultant

2022-23 Southern California
School Nutrition Association

PROFESSIONAL DEVELOPMENT

Thursday, 7/27/23 or Friday, 7/28/23
8:00 a.m. - 2:15 p.m.

Location TBD

- One general session speaker
- Four breakout session speakers (so far)
- Contact Vivien if you'd like to present a breakout session - need 2-4 more
- Contact Vivien if you'd like to make donations to door prizes or giveaways
- PD is for FNS office and site employees

watts_vivien@ausd.us
(626) 943-6590



JOIN OUR BOARD



OPEN POSITIONS



**PRESIDENT ELECT
TREASURER
CORRESPONDING SECRETARY
RECORDING SECRETARY
NOMINATING COMMITTEE (5)**

**VOTING
BEGINS** **2/3/23**

**VOTING
ENDS** **2/18/23**

KEEP A LOOKOUT IN YOUR EMAIL FOR THE BALLOT!



COMING SOON!

I LOVE BEING A SCHOOL LUNCH HERO!

SCHOOL NUTRITION MATTERS

WE DO IT FOR THE KIDS



THE APRON

PODCAST

Sharing the Stories of SNPs



Eat Smart 2 Be Smart
www.eatsmart2besmart.org

MARCH 17, 2023

CHEF COOKING COMPETITION

Proving cooking superiority

**TO PARTICIPATE AND DONATE
CONTACT: MICHAEL BURNS
MICHAEL_BURNS@MYFSD.ORG**



SoCalGas Energy Resource Center
9240 Firestone Blvd., Downey, CA



IRELAND 2023

10 DAYS
MARCH 30 - APRIL 8

Includes:
8 Nights in 4-star Hotels
All Breakfasts & Dinners
Entrance Fees and Tours



Dublin
Belfast
Derry
Galway
Killarney



- Featured Stops to:**
- Dublin Castle
 - Trinity College
 - Book of Kells
 - Titanic Belfast
 - Crumlin Road Gaol
 - Giant's Causeway
 - Aran Islands
 - Cliffs of Moher
 - Bunratty Castle
 - Folk Park
 - Ring of Kerry

Contact:
Tony Roberts
(714) 272-7929
tonybagelman@cs.com

**Aprox. Land Price
per Person**
\$2300.00
*double occupancy





CONQUER YOUR CHALLENGES

WITH MATT UPTON

916.708.8103

Matt@MattUpton.net

The Best of Today's Menu

"Mom, what did you put in this to make it so tasty" I often asked. She always had something that she added beyond the written recipe. When we find great teams who serve scholars well, we always find various amounts of the same six ingredients.

The first three will create the unique flavor profile of the team and the second three bind them together. Every school restaurant team weather the inherent conflict of personalities. Yet, when the following six ingredients are present, they gain stability to forge forward and bring their best serve to their scholars.

The student population of our schools is diverse. One high school told me that they have 142 languages/dialects spoken on campus. Diversity is the paramount among the team as one of the most important ingredients.

To ensure that the team functions well within their team, Equity becomes the next ingredient to sprinkle throughout. Giving everyone the same opportunity for advancement of responsibility and salary as everyone within the classified staff.

Bringing the first two spices together takes a healthy sprinkle of inclusion. As those of us in leadership and positions of influence model including every nuance of our team in discussions and opportunities the team leans in this direction.

The final three ingredients act as binding agents releasing the full favor of a team who always brings their best serve to their scholars, school staff, kitchen staff and parents. These three are to be spread across all levels of each interaction with every person and through all relationship conditions.

Loving, Accepting, and giving Grace are the final three spices to add into the mix. They have special releasing agents when used together enhance all aspects of the School Restaurant.

When Diversity, Equity and Inclusion, along with ample amounts of Love, Acceptance, and Grace are present we become the most important part of the menu.

Equity
Inclusion

Let's Conquer Your Challenges

Matt

916.708.8103

Matt Upton
916.708.8103
Matt@MattUpton.net

SOUTHERN CALIFORNIA SCHOOL FOOD SERVICE ASSOCIATION
TREASURER'S REPORT as of November 30, 2022

<u>INCOME</u>	<u>BUDGET</u> <u>2022-2023</u>	<u>YEAR</u> <u>TO DATE</u>	<u>BALANCE</u>
LOCAL DUES	\$ 8,500.00	\$ 5,695.00	\$ 2,805.00
DIRECTORIES	\$ 440.00	\$ -	\$ 440.00
LUNCHEONS	\$ 85,000.00	\$ 35,918.02	\$ 49,081.98
WAYS AND MEANS	\$ 5,000.00	\$ 986.82	\$ 4,013.18
INTEREST GEN. FUND	\$ 5.00	\$ 1.63	\$ 3.37
INTEREST PROG FUND	\$ 5.00	\$ 1.24	\$ 3.76
FUNDRAISER	\$ 71,100.00	\$ 58,706.27	\$ 12,393.73
PROFESSIONAL DEV	\$ 15,000.00	\$ -	\$ 15,000.00
MARKETING	\$ 6,000.00	\$ -	\$ 6,000.00
OTHER	\$ -	\$ 100.00	\$ (100.00)
TOTAL	\$ 191,050.00	\$ 101,308.98	\$ 89,741.02

<u>EXPENSES</u>			
PROGRAM	\$ 25,000.00	\$ 4,892.61	\$ 20,107.39
LUNCHEON	\$ 70,000.00	\$ 23,335.53	\$ 46,664.47
MEETINGS (board, transition)	\$ 3,000.00	\$ 1,760.85	\$ 1,239.15
INSTALLATION	\$ 500.00	\$ -	\$ 500.00
NEWSLETTER	\$ -	\$ -	\$ -
PRESIDENT	\$ 1,500.00	\$ -	\$ 1,500.00
PRESIDENT-ELECT	\$ 1,000.00	\$ -	\$ 1,000.00
DIRECTORIES	\$ 1,500.00	\$ -	\$ 1,500.00
POSTAGE & MAILINGS	\$ 50.00	\$ -	\$ 50.00
WAYS AND MEANS	\$ 1,500.00	\$ 445.00	\$ 1,055.00
FUNDRAISER	\$ 30,000.00	\$ 19,037.58	\$ 10,962.42
PROFESSIONAL DEV	\$ 10,000.00	\$ -	\$ 10,000.00
MARKETING	\$ 12,000.00	\$ 120.00	\$ 11,880.00
PROGRAM SUPPORT (lac)	\$ 34,000.00	\$ -	\$ 34,000.00
SCHOLARSHIP	\$ 500.00	\$ -	\$ 500.00
OTHER	\$ 500.00	\$ 39.17	\$ 460.83
TOTAL	\$ 191,050.00	\$ 49,630.74	\$ 141,419.26

OPERATIONAL SURPLUS (DEFICIT): \$ 51,678.24

CASH ON HAND : \$123,887.95
 Bank of America
 General Fund Account #07239 \$ 53,656.23
 General Fund Clearing Acct #1397 \$ 10,000.00
 Program Support Account #07240 \$ 60,231.72

Prepared By:
 Mayra Trejo, Treasurer

Approved: 1/12/2023
 Executive Board

SOUTHERN CALIFORNIA SCHOOL FOOD SERVICE ASSOCIATION
TREASURER'S REPORT as of December 31, 2022

<u>INCOME</u>	<u>BUDGET</u> 2022-2023	<u>YEAR</u> <u>TO DATE</u>	<u>BALANCE</u>
LOCAL DUES	\$ 8,500.00	\$ 5,695.00	\$ 2,805.00
DIRECTORIES	\$ 440.00	\$ -	\$ 440.00
LUNCHEONS	\$ 85,000.00	\$ 42,946.10	\$ 42,053.90
WAYS AND MEANS	\$ 5,000.00	\$ 2,065.50	\$ 2,934.50
INTEREST GEN. FUND	\$ 5.00	\$ 2.03	\$ 2.97
INTEREST PROG FUND	\$ 5.00	\$ 1.75	\$ 3.25
FUNDRAISER	\$ 71,100.00	\$ 58,706.27	\$ 12,393.73
PROFESSIONAL DEV	\$ 15,000.00	\$ -	\$ 15,000.00
MARKETING	\$ 6,000.00	\$ -	\$ 6,000.00
OTHER	\$ -	\$ 100.00	
TOTAL	\$ 191,050.00	\$ 109,416.65	\$ 81,633.35

<u>EXPENSES</u>			
PROGRAM	\$ 25,000.00	\$ 7,045.03	\$ 17,954.97
LUNCHEON	\$ 70,000.00	\$ 30,896.28	\$ 39,103.72
MEETINGS (board, transition)	\$ 3,000.00	\$ 1,760.85	\$ 1,239.15
INSTALLATION	\$ 500.00	\$ -	\$ 500.00
NEWSLETTER	\$ -	\$ -	\$ -
PRESIDENT	\$ 1,500.00	\$ -	\$ 1,500.00
PRESIDENT-ELECT	\$ 1,000.00	\$ -	\$ 1,000.00
MEMBERSHIP (directories inc)	\$ 1,500.00	\$ 1,072.18	\$ 427.82
POSTAGE & MAILINGS	\$ 50.00	\$ -	\$ 50.00
WAYS AND MEANS	\$ 1,500.00	\$ 1,005.00	\$ 495.00
FUNDRAISER	\$ 30,000.00	\$ 19,037.58	\$ 10,962.42
PROFESSIONAL DEV	\$ 10,000.00	\$ -	\$ 10,000.00
MARKETING	\$ 12,000.00	\$ 239.99	\$ 11,760.01
PROGRAM SUPPORT (lac)	\$ 34,000.00	\$ -	\$ 34,000.00
SCHOLARSHIP	\$ 500.00	\$ -	\$ 500.00
OTHER	\$ 500.00	\$ 39.17	\$ 460.83
TOTAL	\$ 191,050.00	\$ 61,096.08	\$ 129,953.92

OPERATIONAL
 SURPLUS (DEFICIT): \$ 48,320.57

CASH ON HAND : \$ 113,593.38
 Bank of America
 General Fund Account #07239 \$ 51,662.59
 General Fund Clearing Acct #1397 \$ 10,000.00
 Program Support Account #07240 \$ 51,930.79

Prepared By:
 Mayra Trejo, Treasurer

Approved: 1/12/2023
 Executive Board

Southern California School Nutrition Association
 Chapter #1 SCSNA Meeting
 Dec. 09, 2022
 Knott's Berry Farm Hotel, Buena Park
 MINUTES



Agenda	Comments & Action
Business Meeting Called To Order at 9:29 am	
<p><i>Min.1/SCSNA#1/Dec. 09</i> <u>welcome, opening remarks, flag salute & Inspiration</u> Emmalyn Coles, MBA President-Elect</p>	<ul style="list-style-type: none"> ● Flag Salute, Tara Thatcher – Darlington Snacks ● Welcome Message, Dr. Ramon Miramontes - Superintendent, Buena Park SD ● CalSNA Updates, Carrie Bagdanovich - President Elect Cal-SNA <ul style="list-style-type: none"> ○ Election update, LAC Update, Industry Summit ● Inspiration, Matt Upton - Motivational Speaker
<p><i>Min.2/SCSNA#1/Dec. 09</i> Brenda Zarate, RDN, SNS President (1)</p>	<ul style="list-style-type: none"> ● Presidents Message <ul style="list-style-type: none"> ○ Thank you for attending ○ LAC Application for Scholarship will be released Mid-December <ul style="list-style-type: none"> ■ Great Experience - Highly Recommend
<p>Emmalyn Coles, MBA President Elect (2)</p>	<ul style="list-style-type: none"> ● Thank you for attending and introduction of presenters
<p>Eric Enciso, Recording Secretary</p>	<ul style="list-style-type: none"> ● Minutes for approval of May, 20, 2022 & September 23, 2022 ● Discussion - Corrections to September Minutes ● Motion to approve meeting minutes with corrections <ol style="list-style-type: none"> 1. Dr. Robert Lewis 2. Fausat Rahman-Davies ● Motion carried unanimously
<p>Jenny Lee, MPH, RD Corresponding Secretary</p>	<ul style="list-style-type: none"> ● No report
<p>Mayra Trejo, MS Ed. Treasurer</p>	<ul style="list-style-type: none"> ● Presented Treasurer's Report for July, August, September & October 2022. ● More movement in the month of September ● Reports will also be posted in December 2022 Newsletter on https://www.eatsmart2besmart.org
<p>Rich Wood, Industry Chair Kristy Harding, Industry Co Chair,</p>	<ul style="list-style-type: none"> ● Thank the vendors that supported to Top Golf ● Affinity Group, Don Lee Farms, Driftwood Dairy, Food Safety Systems, GA systems, General Mills, JTM Food Group, Long Legacy Brokerage, Kellogs Away From Home, The Platinum Packaging Group, Pilgrims, Kamran and Company, Titan, Los Cabos, J&J Snack Foods, The Fischer Group, Wawona Frozen Foods, Harvest Pack, Kari-Out & KLH Foodservice. ● Big sponsors 52% of top golf revenue ● Ardellas, Bernier Refrigeration, Buena Vista Foods, Gold Star Foods, Integrated Food Service, Lund-lorio inc.
<p>Nancy Wikes, MS, RDN Editorial & Publications</p>	<ul style="list-style-type: none"> ● No report

<p>Suzanne Villedrouin, <i>Facilities Chair</i></p>	<ul style="list-style-type: none"> ● All meetings set for 22/23 year ● Bosses luncheon at Nixon library January 2023. ● Gas Company Facility in Downey ● Cal Poly Pomona Facility
<p>Betty Crocker, DrPH, RDN <i>Legislative Chair</i></p>	<ul style="list-style-type: none"> ● Federal Update ● LAC will help the following topics <ul style="list-style-type: none"> ○ Depending on election results, control in The House ○ Child Nutrition Reauthorization (Healthy Meals, Healthy Kids Act) ● State Update <ul style="list-style-type: none"> ○ Increased Revenue ○ Prop. 12 - Affecting <ul style="list-style-type: none"> ■ USDA Federal Foods - Direct Delivery - Compliant ■ If diverted to manufacturer - Not Compliant ● LAC - March 5-7 - Washington ● LAC - March 26-28- Sacramento
<p>Jennifer Chin-Gonzales, MS, RD <i>Membership Chair,</i></p>	<ul style="list-style-type: none"> ● No Report
<p>Liz Brown-Smith, <i>By Laws & Rules/ Parliamentarian</i></p>	<ul style="list-style-type: none"> ● No Report
<p>Kathleen Cole, RDN <i>Nominating Chair</i></p>	<ul style="list-style-type: none"> ● SCSNA positions open for interest list ● Recording Secretary - Now Open ● Corresponding Secretary - Now Open
<p>Michael Burns, <i>Nutrition Advisor</i></p>	<ul style="list-style-type: none"> ● Nac Mini-Conference <ul style="list-style-type: none"> ○ 93 students participated ○ Presentation Eric Long - Navy Seal ○ Top 5 foods presented from student Taste Testing ○ March 17 - Cooking Competition @ Gas Company
<p>Vivien Watts, MS, SNS <i>Professional Development</i></p>	<ul style="list-style-type: none"> ● Presented by Dr. Robert Lewis ● Professional Development day TBD - Possibly Late July 2023. ● Goal is to have all people come and learn ● Gas Company facility a possibility
<p>Geri Lorenzana, <i>Public Information</i></p>	<ul style="list-style-type: none"> ● No Report
<p>Suzy Sayre, <i>Registration Chair;</i></p>	<ul style="list-style-type: none"> ● No Report

<p>Toni Fu, <i>Registration Co-Chair</i></p>	
<p>Victor Trejo, RDN <i>Ways and Means</i></p>	<ul style="list-style-type: none"> ● Thank you Harris and Tek Visions ● Participate in 50/50 raffle by scanning QR code on table
<p>Candice Crump, MS, RD <i>Marketing Chair</i></p>	<ul style="list-style-type: none"> ● Looking for Marketing Committee members ● Looking to revamp the school lunch hero competition ● Update Coming Soon - SCSNA podcast "The Apron" Short Format - goal is to have four podcasts per month.
<p>Tony Roberts, <i>Photo Historian</i></p>	<ul style="list-style-type: none"> ● Nothing to report
<p style="text-align: center;">Motion to End Business Meeting: 1)Suzanne Morales 2.) Maria Rangel Business Meeting Adjourned at 10:20 am</p>	
<p><i>Min.3/SCSNA#1/Dec. 09</i></p>	<ul style="list-style-type: none"> ● Anna Apoian - Past President <ul style="list-style-type: none"> ○ Mentor/Mentee program CalSNA ○ Your Voice Needs To Be Heard <ul style="list-style-type: none"> ■ Every Bite Counts ■ Share thoughts for new updated Dietary Guidelines - plant based protein in M/MA meal pattern
<p><i>Min.4/SCSNA#1/Dec. 09</i></p>	<ul style="list-style-type: none"> ● Guest Speaker ● Dr. Robert Taylor - Superintendent, Walnut Valley USD <ul style="list-style-type: none"> ○ Create Culture - Protect Soul of organization ○ Green line or sixth circle of leadership
<p>Adjournment:</p>	<p style="text-align: center;">Recording Secretary Signature: <i>Eric Enciso</i> December 09, 2022</p>